

10am Sunday Morning Service (O2 T5)

16 March 2025

Welcome (Sue lead, Heather music)

Call to Worship from Psalm 23

Gracious God,

in love You open wide the doors and welcome us into Your presence—
saints and sinners alike.

You spread a table before us, filled with the richest fare—
a feast of love and mercy for the body and soul.

We come with joy to meet You here, to eat and drink at Your table,
to taste and see Your goodness,

to celebrate Your grace and mercy in our lives.

May Your Spirit inspire our praise and thanksgiving, our prayers, and
petitions as we worship together in Your presence.

Song: Lord I Lift Your Name On High

Lord I lift your name on high

Lord I love to sing your praises

I'm so glad you're in my life,

I'm so glad you came to save us

You came from heaven to earth to show the way

From the earth to the cross

My debt to pay

From the cross to the grave,

From the grave to the sky

Lord I lift your name on High

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Song: King of Kings

In the darkness we were waiting without hope, without light

'Til from Heaven You came running there was mercy in Your eyes

To fulfill the law and prophets, to a virgin came the word

From a throne of endless glory to a cradle in the dirt

**Praise the Father, praise the Son, praise the Spirit, three in one
God of glory, Majesty, praise forever to the King of Kings**

To reveal the kingdom coming and to reconcile the lost
To redeem the whole creation You did not despise the cross
For even in your suffering You saw to the other side
Knowing this was our salvation Jesus for our sake you died

Chorus

And the morning that You rose all of Heaven held its breath
'Til that stone was moved for good for the Lamb had conquered death
And the dead rose from their tombs and the angels stood in awe
For the souls of all who'd come to the Father are restored

And the church of Christ was born then the Spirit lit the flame
Now this gospel truth of old shall not kneel, shall not faint
By His blood and in His name in His freedom I am free
For the love of Jesus Christ who has resurrected me

Chorus

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Song: God is an action man

He is an action man
Living out God's plan
Do do do do do do do do do
He is an action man

Living out God's plan
He had the courage to stand up against what was wrong
To rescue the lost and invite them along
To be living out God's plan
He is an action man
Do do do do do do do do do do

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Prayer for Children (Sue)

Bible Reading: Mark 1.14-39 (Colin L)

¹⁴ Now after John was arrested, Jesus came to Galilee proclaiming the good news of God ¹⁵ and saying, “The time is fulfilled, and the kingdom of God has come near; repent, and believe in the good news.”

¹⁶ As Jesus passed along the Sea of Galilee, he saw Simon and his brother Andrew casting a net into the sea, for they were fishers. ¹⁷ And Jesus said to them, “Follow me, and I will make you fishers of people.” ¹⁸ And immediately they left their nets and followed him. ¹⁹ As he went a little farther, he saw James son of Zebedee and his brother John, who were in their boat mending the nets. ²⁰ Immediately he called them, and they left their father Zebedee in the boat with the hired men and followed him.

²¹ They went to Capernaum, and when the Sabbath came, he entered the synagogue and taught. ²² They were astounded at his teaching, for he taught them as one having authority and not as the scribes. ²³ Just then there was in their synagogue a man with an unclean spirit, ²⁴ and he cried out, “What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God.” ²⁵ But Jesus rebuked him, saying, “Be quiet and come out of him!” ²⁶ And the unclean spirit, convulsing him and crying with a loud voice, came out of him. ²⁷ They were all amazed, and they kept on asking one another, “What is this? A new teaching—with authority! He^[e] commands even the unclean spirits, and they obey him.” ²⁸ At once his fame began to spread throughout the surrounding region of Galilee.

²⁹ As soon as they^[f] left the synagogue, they entered the house of Simon and Andrew, with James and John. ³⁰ Now Simon’s mother-in-law was in bed with a fever, and they told him about her at once. ³¹ He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them.

³² That evening, at sunset, they brought to him all who were sick or possessed by demons. ³³ And the whole city was gathered around the door. ³⁴ And he cured many who were sick with various diseases and cast out many demons, and he would not permit the demons to speak, because they knew him.

³⁵In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. ³⁶And Simon and his companions hunted for him. ³⁷When they found him, they said to him, “Everyone is searching for you.” ³⁸He answered, “Let us go on to the neighboring towns, so that I may proclaim the message there also, for that is what I came out to do.” ³⁹And he went throughout all Galilee, proclaiming the message in their synagogues and casting out demons.

Message (Julia)

The Nicene Creed

**We believe in one God, the Father, the Almighty,
maker of heaven and earth, of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ, the only Son of God,
eternally begotten of the Father, God from God, Light from Light,
true God from true God, begotten, not made,
of one Being with the Father.**

Through him all things were made.

**For us and for our salvation he came down from heaven,
was incarnate of the Holy Spirit**

and the Virgin Mary, and became truly human.

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again in accordance with the Scriptures;
he ascended into heaven**

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.**

Who with the Father and the Son is worshiped and glorified.

Who has spoken through the Prophets.

We believe in one holy universal and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

Offering Song: Above All

Above all powers, above all kings,
Above all nature and all created things
Above all wisdom and all the ways of man
You were here before the world began
Above all kingdoms, above all thrones
Above all wonders the world has ever known
Above all wealth and treasures of the earth
There's no way to measure what you're worth

Crucified, laid behind the stone
You lived to die, rejected and alone
Like a rose trampled on the ground
You took the fall, and thought of me, above all

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Thanks for the Offering

In the offering of our gifts, as well as the living of our days,
may we not grow weary of doing what is right,
but commit to speaking up for the voiceless,
healing the broken, feeding the hungry,
and all those mercies which are such a part of your heart
and hopes for all your children. In Jesus' name, we pray. **Amen.**

The Confession

**Heavenly Father,
You have loved us with an everlasting love,
But we have broken your holy laws
And have left undone what we ought to have done.
We are sorry for our sins and turn away from them.
For the sake of your Son who died for us,
Forgive us, cleanse us and change us.**

**By your Holy Spirit, enable us to live for you;
Through Jesus Christ our Lord. Amen.**

Declaration of Forgiveness

God is slow to anger and full of compassion,
Forgiving all who humbly repent
And trust in his Son as Saviour and Lord
God therefore forgives us in Christ Jesus,
In whom there is no condemnation. **Amen.**

Prayers for the Church and our World (Zilpha)

The Lord's Prayer

**Our Father in Heaven, hallowed be your name,
Your kingdom come your will be done on earth as in heaven.
Give us today our daily bread. Forgive us our sins
As we forgive those who sin against us.
Save us from the time of trial and deliver us from evil
For the kingdom, the power and the glory
Are yours now and forever. Amen.**

The Great Thanksgiving (Sue with Zilpha and Soula)

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

Loving God,
We thank you for this world of wonder and delight.
You have given it to us to care for, so that all your creatures may enjoy its
bounty. Lord our God

We give you thanks and praise

We thank you that when we turned away from you,
You sent Jesus to live and work as one of us
and bring us back to you.

He showed us how to love you
and set us free to love and serve one another.

Lord our God,

We give you thanks and praise

We thank you that on the cross
Jesus took away all our sin,
All that keeps us from each other and from you.

He frees us from hate and fear,
from all that destroys love and trust.

Lord our God,

We give you thanks and praise

And so with everyone who believes in you,
With all the saints and angels,
we rejoice and praise you, saying:

**Holy, holy, holy Lord, God of power and might
Heaven and earth are full of your glory. Hosanna in the highest.**

And now we thank you for these gifts of bread and wine;
May we who receive them, as Jesus said,
share the body and his blood.

On the night he was betrayed,
he took bread and gave thanks.

He broke the bread and gave it to his friends,
and said, "Take and eat, this is my body given for you.
Do this in remembrance of me."

After supper he took the cup and gave you thanks.

He shared the cup with them and said,

"This is my blood poured out so that sins may be forgiven.

Do this in remembrance of me.”

Christ has died,

Christ is risen,

Christ will come again.

You have gathered us together to feed on Christ
and to remember all he has done for us:

Fill us with your Spirit that we may follow Jesus
in all we do and say,

working for justice and bringing your peace
to this world that you have made.

Accept our prayers through Jesus Christ our Lord.

Blessing and honour and glory and power are yours forever and ever.

Amen.

We break this bread to share in the body of Christ. We who are many are
one body,

For we all share in the one bread.

The gifts of God for the people of God.

Come let us take this holy sacrament
of the body and blood of Christ

in remembrance that he died for us,

and feed on him in our hearts by faith with thanksgiving.

Prayers

Living God, In this holy meal you fill us with new hope.

May the power of your love,

Which we have known in word and sacrament,

Continue your saving work among us,

Give us courage for our pilgrimage,

And bring us to the joys you promise.

Father,

we offer ourselves to you as a living sacrifice

**through Jesus Christ our Lord.
Send us out in the power of your Spirit
to live and work to your praise and glory. Amen**

Notices

Song: Days of Elijah

These are the days of Elijah
Declaring the Word of the Lord
And these are the days of Your servant Moses
Righteousness being restored
And though these are days of great trials
Of famine and darkness and sword
Still we are the voice in the desert crying
Prepare ye the way of the Lord

**Behold He comes, riding on the clouds
Shining like the sun at the trumpet call
So lift your voice, it's the year of Jubilee
And out of Zion's hill, salvation comes**

And these are the days of Ezekiel
The dry bones becoming as flesh
And these are the days of Your servant David
Rebuilding a temple of praise
And these are the days of the harvest
The fields are as white in the world
And we are the labourers in Your vineyard
Declaring the Word of the Lord

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The Blessing