

11 February 2024 Our mission is to: Shine with the love of Jesus, grow mature disciples and declare the Good News.

DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

- · Fast from hurting words and say kind words.
- Fast from sadness and be filled with gratitude.
- Fast from anger and be filled with patience.
- Fast from pessimism and be filled with hope.
- Fast from worries and have trust in God.
- Fast from complaints and contemplate simplicity.
- · Fast from pressures and be prayerful.
- Fast from bitterness and fill your hearts with joy.
- Fast from selfishness and be compassionate to others.

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- · Fast from grudges and be reconciled.
- Fast from words and be silent so you can listen.

Contact Us:

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Shrove Tuesday 13 February

This year we are again encouraging you to hold pancake Tuesday in your homes and invite friends, family or neighbours. It would also be great if your small group could hold a Pancake Tuesday event. This is a real outreach opportunity. It is a fundraiser, so we encourage people to pay \$15 as it is a two course meal. If you are willing to host in your home or cook the pancakes or attend a pancake dinner, please let Sue know.

Ash Wednesday Services 14 February

Lent begins on February 14 and it is a time where many fast from something (coffee, chocolate, TV, social media) so that they can spend time examining their lives before God. We start this season with services: St Chad's at 2pm and St Aidan's at 7pm. We look forward to seeing you.

Prayer Retreat on Saturday 24 February at St Chad's

Throughout scripture Sabbath rest is a theme that does not apply just to one day a week, but it is described as a rhythm that is encouraged on a daily basis and at times for extended periods of time. One way to take some time out with God is to come and be part of a prayer retreat. Keep this date and come along for an intentional time to just be with God as we look at the theme of peace. If you are intending on coming, could you please place your name on the list on the notice board at St Chad's or St Aidan's.



World Day of Prayer March 1—Focus on Palestine Friday 1 March is the World Day of Prayer. It will be held at St Chad's at 1:30pm. Please bring a plate or see Sue if you can help in the kitchen.

Next Church Market at St Chad's 17 Feb from 9am-12:30pm

Happy Birthday... Christy Khode & Jaya Paul

Bible Reading Sunday 25 February John 13

CMS - Across Cultures Training opportunity

Every day we meet people from other cultures especially in our outreach ministries and in our local communities. CMS are putting on a programme the will train and equip us to build relationships and better engage in cross cultural ministry so that God's Kingdom can increase. They are offering a two year (3 days per year and hubs) training module that will give you insights into communicating with those from other cultures. The first workshop will be held on 17 February at Ridley College. If you are interested in going please let Sue know.

The Chosen Movie Series

Come along to see series 4 of the Chosen (movie about Jesus life) at the Frankston Karingal Hub on Tuesday evening 27 February and 5 March. Let Sue know if you are interested and we can car pool.

Linen for Ukraine

There is shortage of bed linen in many of the hospitals in the Ukraine and we were asked if people had sheets, pillow cases or doona covers that they are not using any more that they would be happy to donate. If you have any, could you please drop these into the box that is in the chapel area of St Chad's by Sunday 25 February.

Mojo Concerts

Every Saturday during February, Mojo (Mordialloc Jazz Orchestra) are giving a free concert at Hazel Pierce Reserve (cnr of Beach Rd and Main St Mordialloc) from 4.00 pm - 9.00 pm.

Melbourne Anglican (TMA)

Over the past few years, the Melbourne Anglican TMA has changed from a newspaper to a magazine and is now changing to being mainly online. A print copy will be produced 4 times a year (March 17, June 2, September 1 and December 1). On the other months, you can access an online version using their website which is

https://tma.melbourneanglican.org.au.

Singing Group resumes for 2024... ...on 15 February at 7pm at St Chad's. Come and make a joyful noise!!!! See Sue if you are interested in coming along.

Services in the church

10am at St Chad's every Sunday 8am at St Chad's 1st & 3rd Sundays of the month 11am at St Aidan's 2nd & 4th Sunday of the month

This week in the church

Mon 9:30am	Pastoral Care Meeting	
Mon 7:00pm	Meeting of the Parish Council	
Tues 11:30am	Matt's Place	
Tues 11:30am	Lunch Church	
Wed 9:30am-1:30pm Pantry 5000		
Wed 1pm	Church Prayer Meeting	
Thurs 7pm	Singing Group at St Chad's (15/2 & 29/2)	
Fri 10am	Quilting & Craft at St Chad's (9/2 & 23/2)	
	Soon in the church	
11 February	12:30pm Church Picnic at Bicentennial Park	
13 February	Shrove Tuesday	
14 February	Ash Wednesday	
17 February	9am-12:30pm Market	
24 February	10am Prayer Retreat	
1 March	1:30pm World Day of Prayer at St Chad's	
16 March	9am-1pm Fete	
14 April	1:30pm Wayne and Carol in concert	

Pantry 5000 Food of the Week ... Cereal and instant noodles

Prayer Chain requests—Christine Taylor 0407 725 692

Ongoing prayer—email requests to Jaqueline or Sue Pastoral care—Sue Bluett 0433 024 626 Prayer has been requested for: Bernard, Cheryl, Chris, Del, Di, Don, Doug, Geoff, Gisela, Hunter & Stefanie, Jasmine, Julie, Kayden & Elisabeth, Kirsty, Kyle, Lorraine, Margot, Massy, Nick, Nigel & Chris, Pauline, Phoebe, Richard, Stephen T, Will

Offering Via Direct Debit—Our bank details are: Account Name: Anglican Parish of Longbeach Bendigo Bank BSB No. 6 3 3— 0 0 0 Account No. 1 5 3 7 4 5 2 2 9 Please label with the words "tithe" or "offering". Thank you!

Wardens	Di McGreal, Natalie Allinson, Julie Whalan
Treasurer	Sofia Gerandt finance@longbeachanglicans.org.au
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